

## University of Notre Dame Dissertation Camp Sample Schedules

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Date	Duration	Description
Monday, March 10	8:30-9:00	grab light morning snack and coffee, second floor, east location
	9:00-9:30	Introduction to subject librarians and goal setting activity, second floor, east location
	9:30-12:15	Writing and research time, Fishbowl or Lower Level, (Subject librarian and Writing Center consultations optional, times and locations arranged)
	12:15-1:15	Lunch, second floor east
	1:00-4:30	Formatting your dissertation workshop, Room 247 Hesburgh Library, Shari Hill Sweet, Graduate School - registration required, limit 20
	1:15-5:00	Writing and research time, Fishbowl or Lower Level, (Subject librarian and Writing Center consultations optional, times and locations arranged)
	4:45-5:00	Daily wrap up, Fishbowl, first floor, west.
	5:00-6:00	RefWorks Workshop and Open Question and Answer Forum - registration recommended



Date	Duration	Description
Tuesday, March 11	8:30-9:00	grab light morning snack and coffee, second floor, east location
	9:00-9:15	Daily goal setting activity, second floor, east location
	9:15-12:15	Writing and research time, Fishbowl or Lower Level, (Subject librarian and Writing Center consultations optional, times and locations arranged)
	12:15-1:15	Lunch, second floor east
	1:30-2:00	Relationships Matter: Why building a circle of friends and allies is essential during your dissertation process, Room 247 Hesburgh Library, Mimi Beck, Director Graduate Student Life - registration recommended
	1:15-4:45	Writing and research time, Fishbowl or Lower Level, (Subject librarian and Writing Center consultations optional, times and locations arranged)
	4:45-5:00	Daily wrap up, Fishbowl, first floor, west.



Date	Duration	Description
Wednesday, March 11	8:30-9:00	grab light morning snack and coffee, second floor, east location
	9:00-9:15	Daily goal setting activity, second floor, east location
	9:15-12:15	Writing and research time, Fishbowl or Lower Level, (Subject librarian and Writing Center consultations optional, times and locations arranged)
	12:15-1:15	Lunch, second floor east
	1:30-2:00	<p><b>"I don't have enough time."</b></p> <p><b>Presenter: Marisha Fortner-Schmidt, Instructor, Wellness Programs</b></p> <p>What we're really saying is life is happening fast; faster than before, and there's no time to recover. Our emotional system isn't able to keep pace and process experiences and our minds are exhausted trying to figure out how to cope.</p> <p>Learn simple techniques for emotional management, measured with biofeedback. These techniques can be used anywhere, anytime....no need to close the door or your eyes (unless you want to!).</p>
	1:15-4:45	Writing and research time, Fishbowl or Lower Level, (Subject librarian and Writing Center consultations optional, times and locations arranged)
	4:45-5:00	Daily wrap up, Fishbowl, first floor, west.



Date	Duration	Description
Thursday, March 11	8:30-9:00	grab light morning snack and coffee, second floor, east location
	9:00-9:15	Daily goal setting activity, second floor, east location
	9:15-12:15	Writing and research time, Fishbowl or Lower Level, (Subject librarian and Writing Center consultations optional, times and locations arranged)
	12:15-1:15	Lunch, second floor east
	1:30-2:00	<p><b>Mind-hacks: Completing your Degree</b>  <b>Presenter: John Lubker, Associate Dean of Students, The Graduate School.</b></p> <p>Many graduate students who have completed proposal are at various points of not only conducting research and writing but also balancing the job search and other pieces of the scholarship they will continue as their graduate student career begins its wrap up. It's not about surviving the final push, it's leveraging your knowledge and skills towards the cumulative event of completing your PhD and landing the job you want. We'll discuss some techniques that successful people use in managing stress, prioritizing demands, finding the motivation, and setting goals during the dissertation process and coming to conclusion of your degree. Don't just survive, thrive.</p>
	1:15-4:45	Writing and research time, Fishbowl or Lower Level, (Subject librarian and Writing Center consultations optional, times and locations arranged)
	4:45-5:00	Daily wrap up, Fishbowl, first floor, west.





Date	Duration	Description
Friday, March 11	8:30-9:00	grab light morning snack and coffee, second floor, east location
	9:00-9:15	Daily goal setting activity, second floor, east location
	9:15-12:15	Writing and research time, Fishbowl or Lower Level, (Subject librarian and Writing Center consultations optional, times and locations arranged)
	12:15-1:15	Lunch, second floor east
	1:30-2:00	<b>Friday, 1:30-2:00</b> <b>Communicating your research to others</b> <b>Presenter: Melinda Gormley, Research Assistant Director, Reilly Center, University of Notre Dame</b> It's imperative to communicate your research succinctly to others during job interviews, at academic conferences, in cover letters, and through online profiles. The message box, a tool for presenting your work to diverse and non-specialist audiences, will be explained.
	1:15-4:30	Writing and research time, Fishbowl or Lower Level, (Subject librarian and Writing Center consultations optional, times and locations arranged)
	4:30-5:00	Wrap up daily goals and weekly reflection and wrap-up, Fishbowl, first floor, west.

